

PARENTING
WITH SHANNON DU PLESSIS



Tried and tested

■ KITCHEN HELPER

The next product I tested is a surprisingly simple idea which works really well.

Qubles is an upside-down ice cube container which makes small cubes.

Instead of filling individual cubes with baby purees, breast milk,



stock, lemon juice, coconut milk, pestos, water, wine or whatever liquid you need frozen, the design allows you to fill an entire tray, then snap on the lid which features non-stick silicon dividers.

You get eight cubes per tray and the secure lid eliminates any freezer burn or freezer smells.

Once the liquid is frozen, you can then store the individual cubes in a freezer bag, and reuse the Qubles for something else. Qubles also is dishwasher and steriliser safe.

Designed in Australia, Qubles comes in lime or aqua colour.

I tried the Qubles with passionfruit pulp, and later breastmilk.

Both times it was handy to have a maximum fill line to make sure I didn't put too much into the tray, and when frozen, the lid comes off very easily, leaving eight perfectly frozen cubes.

www.qubles.com.